

AgapePlay facilitator kit

10-minute flow + 7-day Bible challenge

PDF groupe

Goal

Launch a 7-day Bible challenge with a group without heavy preparation: one shared verse, one immediate action, then a simple pastoral follow-up the next week.

10-minute flow

1 min	Opening	Connect the challenge to the biblical text or meeting theme.
2 min	Shared verse	Read the verse aloud, then ask the group to name one meaningful word.
3 min	Guided memorization	Repeat the verse together, then progressively hide a few words.
2 min	AgapePlay action	Invite everyone to open the app, choose the verse or plan, and start a short first session.
1 min	7-day commitment	Suggest a realistic rhythm: 3 minutes per day, without guilt.
1 min	Sending prayer	Entrust the week to God and encourage mutual support in the group.

Ready-to-use 7-day challenge

- Day 1: read the verse and start a short session.
- Day 2: repeat the verse once without looking.
- Day 3: share one word that helps you pray.
- Day 4: review the verse with someone in the group.
- Day 5: connect the verse to one concrete moment of the week.
- Day 6: pray with the verse.
- Day 7: return to the group with one short reflection.

Follow-up questions

- Which word from the verse stayed with you this week?
- When did memorization feel difficult?
- How can this text become a prayer for the group?